2027 MASSACHUSETTS CUP TAEKWONDO CHAMPIONSHIP

Greetings!

Saturday March 13th, 2027 at Fitchburg High School
140 Arn-How Farm Rd, Fitchburg, MA 01420

Dear Students, Masters, and Esteemed Parents,

The 2027 Massachusetts Cup Taekwondo Championship is here! What began as a dream only a few years ago has continued to grow into one of the most anticipated Taekwondo events in our region. Each year, our championship brings together talented athletes, dedicated masters, supportive families, and Taekwondo schools from across our community for an unforgettable day of competition and friendship.

The Massachusetts Cup is not simply a tournament - it is a celebration of teamwork, perseverance, and the Taekwondo spirit. From the dynamic Team Demo performances to the intensity of Team Sparring, these events showcase the dedication of our schools and the strength of our communities. At the end of the day, one school will once again lift the Massachusetts Cup, proudly carrying the honor of excellence until next year's challenge.

In 2027, we are excited to continue building on the traditions that have made the Massachusetts Cup special. Competitors will have opportunities to challenge themselves in Poomsae, Sparring, Breaking, Jump High Kick, Power Roundhouse Kick, Speed Kick, and our exciting team events. Whether stepping onto the competition floor for the first time or returning as an experienced competitor, every athlete has an opportunity to demonstrate courage, skill, and determination.

None of this would be possible without the tireless support of our masters, referees, volunteers, parents, and families. Your commitment is the foundation of this championship, and your encouragement inspires our athletes to continue growing both as competitors and as martial artists. Together, we are building a tradition that will continue to strengthen our Taekwondo community for generations to come.

As we look forward to the 2027 Massachusetts Cup, we invite every competitor to give their best, support their teammates, respect their opponents, and embrace the true meaning of sportsmanship. May this year's championship be filled with courage, unity, friendship, and unforgettable memories.

With respect and anticipation,

Grandmaster Myoungho Jun

2027 MASSACHUSETTS CUP TAEKWONDO CHAMPIONSHIP

Win the Massachusetts Cup!

Saturday March 13th, 2027 **at Fitchburg High School**
140 Arn-How Farm Rd, Fitchburg, MA 01420

The following lists the criteria used for scoring each event in regards to winning the 2027 Cup!
We will add total scores from each Taekwondo School.
The highest scoring school will take the Cup for 2026!

1. Team Demo: 200 pts(First Place), 100 pts(Second Place), 50 pts(Third Place) – 1 Division
2. Team Sparring: 100 pts(First Place), 75 pts(Second Place), 50 pts(Third Place) – 2 Divisions
3. Pair Poomsae: 30 pts(First Place), 20 pts(Second Place), 10 pts(Third Place) – 6 Divisions
4. Jump High Kick: 30 pts(First Place), 20 pts(Second Place), 10 pts(Third Place) – 3 Divisions
5. Power Roundhouse Kick: 30 pts(First Place), 20 pts(Second Place), 10 pts(Third Place) – 3Divisions
6. Speed Kick: 50 pts(First Place), 30 pts(Second Place), 20 pts(Third Place) – 1 Division

2027 MASSACHUSETTS CUP TAEKWONDO CHAMPIONSHIP

EVENT SCHEDULE

Saturday March 13th, 2027 **at Fitchburg High School**
140 Arn-How Farm Rd, Fitchburg, MA 01420
www.MassCupTKD.org

7:30 am	All Competitors Check In
8:00 am	**Senior (18&up yrs)** Individual Competition Begins (Jump High Kick, Power Roundhouse Kick, Speed Kick then Poomsae, Breaking, Sparring) **Junior (15-17yrs)** Individual Competition Begins (Jump High Kick, Power Roundhouse Kick, Speed Kick then Poomsae, Breaking, Sparring)
9:00 am	**Pair Poomsae**
10:00 am	**Team Demo**
11:00 am	**School Representative Competition** (Jump High Kick, Power Roundhouse Kick and Speed Kick)
11:30 pm	**Team Sparring**
12:45 pm	**Lunch Break**
1:15pm	**Opening Ceremony**
1:45 pm	**Dragons (4-7yrs)** Individual Competition Begins (Jump High Kick, Power Roundhouse Kick, Speed Kick then Poomsae, Breaking, Sparring)
2:45 pm	**Tigers (8-9yrs)** Individual Competition Begins (Jump High Kick, Power Roundhouse Kick, Speed Kick then Poomsae, Breaking, Sparring)
3:15 pm	**Youth (10-11yrs)** Individual Competition Begins (Jump High Kick, Power Roundhouse Kick, Speed Kick then Poomsae, Breaking, Sparring)
3:45 pm	**Cadet (12-14yrs)** Individual Competition Begins (Jump High Kick, Power Roundhouse Kick, Speed Kick then Poomsae, Breaking, Sparring)

*** ALL COMPETITIORS MUST WEAR A CLEAN STANDARD V-NECK UNIFORM, Poomsae Uniform or Demo team Uniform.**

*** Please be aware that these are tentative times & events may move faster or slower, so listen for all announcements throughout the day.**

Spectator Entrance Fee: $20 (5 years and under: Free)

2027 MASSACHUSETTS CUP TAEKWONDO CHAMPIONSHIP

INDIVIDUAL EVENT APPLICATION

Saturday March 13th, 2027 **at Fitchburg High School**

140 Arn-How Farm Rd, Fitchburg, MA 01420

www.MassCupTKD.org

**** You must sign up with the Google form. Please go to our web page at www.MassCupTKD.org***

Competitor's Name: _____ _____
(First Name) (Last Name)

Address: _____

Phone: ( ) _____ **Email:**_____

Taekwondo(Martial arts) School Name: _____**Phone: ( )**_____

☐ **Male** ☐ **Female** **Birth Date:**_____ **Age:**_____

Belt Color: _____ **Dan Level:** _____ **Height** ____' ____" **Competition Weight:** _____**lbs**

Check all *EVENTS* you will be competing in:

☐ **Poomsae** ☐ **Individual Sparring** ☐ **Breaking** ☐ **Pair Poomsae** ☐ **Team Demo**

☐ **Team Sparring** ☐ **Jump High Kick** ☐ **Power Roundhouse Kick** ☐ **Speed Kick**

Please check your Division:

☐ Division **BEGINNER**	☐ Division **INTERMEDIATE**	☐ Division **ADVANCE**	☐ Division **BLACK BELT**
WHITE YELLOW ORANGE GREEN HIGH-GREEN	BLUE HIGH-BLUE PURPLE HIGH-PURPLE	RED HIGH-RED BROWN HIGH-BROWB DEPUTY-BLACK	1ST DEGREE TO 4TH DEGREE
Basic Poomsae, Taekuk 1 or Taekuk 2	**Taekuk 3 or Taekuk 4**	**Taekuk 5, Taekuk 6 Taekuk 7 or Taekuk 8**	**Koryu, Kumkang, Taebaek or Pyongwon**

☐ **Dragons(4-7yrs)** ☐ **Tigers(8-9yrs)** ☐ **Youth (10-11yrs)** ☐ **Cadet(12-14yrs)** ☐ **Junior(15-17yrs)** ☐ **Senior(18&up)**

REGISTRATION & PAYMENT INFORMATION: *(PLEASE CHECK)*

Standard Registration: Must be received by March 6th, 2027

☐ 1 EVENT $100 & *$20 per any additional event*

Late Registration: March 7th, 2027 **to March 12th,** 2027

☐ 1 EVENT $120 & *$30 per any additional event*

- ***All payments are final. No refunds will be accepted.***
- ***Registration includes a Digital Ceremony Photo at the Championship.***
- ***All payments must be made online***

Total Enclosed:$_____

(Applications Received With Out Signatures Will Not Be Processed – Competitors under 18 must have parent/guardian sign form)

Liability Waiver

I/THE MINOR hereby release, discharge, covenant not to sue and agree to hold harmless the 2027Massachusetts Cup Taekwondo Championship, any schools and/or Clubs at the 2027Massachusetts Cup Taekwondo Championship or any organizations with a vested interest in the activity, their respective administrators, directors, agents, officers, volunteers, referees, employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises of Fitchburg High School (each considered one of the "Releasees" herein) from all liability, claims, demands, losses, or damages on account caused or alleged to be caused in whole or in part by the negligence of the "Releasees" or otherwise, including negligent rescue operations and further agree that if, despite this release, I, or anyone on my/the minor's behalf makes a claim against any of the Releasees named above, I will indemnify, save and hold harmless each of the Releasees from any litigation expenses, attorney fees, loss liability, damage or cost that may incur as the result of any such claim. I have read this agreement, fully understand its terms, understand that I/the minor have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by the law and agree that if any portion of this agreement is held to be invalid, that the balance, notwithstanding, shall continue in full force and effect.

_____ _____ _____

Participant's Printed Name Participant/Guardian's Signature Date

2027 MASSACHUSETTS CUP TAEKWONDO CHAMPIONSHIP

TEAM DEMO APPLICATION

Saturday March 13th, 2027 **at Fitchburg High School**

140 Arn-How Farm Rd, Fitchburg, MA 01420

**** You must sign up with the Google form. Please go to our web page at www.MassCupTKD.org***

PRINT ALL INFORMATION:

Taekwondo (Martial Arts) School Name:_____

School Phone: ( ) _____ Master / Instructor Name: _____

- No limit on number of members
- **7 MINUTE LIMIT** on Demonstration time
- All members must register with an **INDIVIDUAL APPLICATION** as well.
  - All members must check 'Demo Team' in the individual application.
- Any music needed for the event must be provided by that team.
- Any special demo team uniform is allowed.

Please list all members in your team below.

1._____ 2._____

3._____ 4._____

5._____ 6._____

7._____ 8._____

9._____ 10._____

11._____ 12._____

13._____ 14._____

15._____ 16._____

17._____ 18._____

19._____ 20._____

21._____ 22._____

23._____ 24._____

2027 MASSACHUSETTS CUP TAEKWONDO CHAMPIONSHIP

PAIR POOMSAE APPLICATION

Saturday March 13th, 2027 **at Fitchburg High School**

140 Arn-How Farm Rd, Fitchburg, MA 01420

**** You must sign up with the Google form. Please go to our web page at www.MassCupTKD.org***

- Must be **Two** members per team
- You must choose Taeguk 1 Jang for SEED 1, Taeguk 2 Jang for SEED 2 Taeguk 3 Jang for SEED 3, Taeguk 5 Jang for SEED 4, Taeguk 7 Jang for SEED 5 and Koryo for SEED 6
- Members DO NOT need to be same Gender, Age Group or Belt Rank.
- All members must register with an **INDIVIDUAL APPLICATION** as well.
- All members must check 'Pair Poomsae' in the individual application and write partner's name
- Traditional White Uniform or Poomsae Uniform is allowed.
- **No Black Belt for SEED 1, 2 and 3**

PRINT ALL INFORMATION:

Taekwondo (Martial Arts) School Name:_____

School Phone: ( ) _____ Master / Instructor Name: _____

SEED (Your master will assign to you):

☐ 1 (*Taeguk 1*) ☐ 2 (*Taeguk 2*) ☐ 3 (*Taeguk 3*) ☐ 4 (*Taeguk 5*) ☐ 5 (*Taeguk 7*) ☐ 6 (Koryo)

Member 1

Name:_____

Age:_____ ☐ Male ☐ Female Belt Rank:_____

Member 2

Name:_____

Age:_____ ☐ Male ☐ Female Belt Rank:_____

2027 MASSACHUSETTS CUP TAEKWONDO CHAMPIONSHIP

TEAM SPARRING APPLICATION

Saturday March 13th, 2027 **at Fitchburg High School**

140 Arn-How Farm Rd, Fitchburg, MA 01420

**** You must sign up with the Google form. Please go to our web page at www.MassCupTKD.org***

Each team will have **FOUR or FIVE** members.

- Members do not need to be same Gender or Belt Rank.
- All members must register with an **INDIVIDUAL APPLICATION** as well.
- All members must check 'Team Sparring' in the individual application and write your team mates' names.
- Members must wear all Sparring Equipment *(including mouth piece)*.
- During the first two and half minutes, players will be switched every 30 seconds until each player has participated. After this, players can be switched as needed by the team coach.

PRINT ALL INFORMATION:

Taekwondo (Martial Arts) School Name:_____

School Phone: ( ) _____ Master / Instructor Name: _____

Team Name: _____

Age Group: ☐ Age (8-11 yrs) (NO HEAD) ☐ Age (12-15 yrs) (Light HEAD)

Member 1

Name:_____

Age:_____ ☐ Male ☐ Female

Belt Rank:_____

Height ____' ____" Competition Weight: _____lbs

Member 2

Name:_____

Age:_____ ☐ Male ☐ Female

Belt Rank:_____

Height ____' ____" Competition Weight: _____lbs

Member 3

Name:_____

Age:_____ ☐ Male ☐ Female

Belt Rank:_____

Height ____' ____" Competition Weight: _____lbs

Member 4

Name:_____

Age:_____ ☐ Male ☐ Female

Belt Rank:_____

Height ____' ____" Competition Weight: _____lbs

Member 5

Name:_____

Age:_____ ☐ Male ☐ Female

Belt Rank:_____

Height ____' ____" Competition Weight: _____lbs

2027 MASSACHUSETTS CUP TAEKWONDO CHAMPIONSHIP

REFEREE REGISTRATION

Saturday March 13th, 2027 at Fitchburg High School
140 Arn-How Farm Rd, Fitchburg, MA 01420

**** You must sign up with the Google form. Please go to our web page at www.MassCupTKD.org***

NAME: (FIRST) _____ (LAST) _____ (MI) _____

AGE: _____ DATE OF BIRTH: _____ (month/day/year) [ ] MALE [ ] FEMALE

ADDRESS: _____ CITY: _____

STATE: _____ ZIP CODE: _____ PHONE: _____

DAN: _____ KUKKIWON DAN NO: _____

Referee Seminar for
2027 MASSACHUSETTS CUP TAEKWONDO CHAMPIONSHIP:

Saturday, September 12th, 2026 from 4pm to 7pm
Saturday, October 24th, 2026 from 4pm to 7pm
Saturday, November 21st, 2026 from 4pm to 7pm
Saturday, December 12th, 2026 from 4pm to 7pm
Saturday, January 16th, 2027 from 4pm to 7pm
Saturday, February 20th, 2027 from 4pm to 7pm
Saturday, March 6th, 2027 from 4pm to 7pm
At 616 Central ST, Leominster, MA 01453

- Attendance to the seminars is MANDATORY for all Referees.
- If absent, you will not be qualified to serve as referee for this championship.
- Lunch, red referee tie (required), and referee certificate from MCTC will be provided.
- Referees may participate in championship events.
- All referees' competition fees will be waived. (Please speak with your master.)
- You will be expected to stay from the beginning to end of all events.

Liability Waiver

IN CONSIDERATION OF YOUR ACCEPTANCE OF MY REGISTRATION, I DO HEREBY, FOR MYSELF, EXECUTORS AND ADMINISTRATORS WAIVE, RELEASE AND FOREVER DISCHARGE ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES WHICH I MAY HAVE, OR WHICH MAY OCCUR TO ME DURING THESE CHAMPIONSHIPS. THIS INCLUDES THE 2027 MASSACHUSETTS CUP TAEKWONDO CHAMPIONSHIP ORGANIZING COMMITTEE, MASTER MYOUNGHO JUN, THE US TAEKWONDO CENTER, MASSACHUSETTS TAEKWONDO ACADEMY, USTF, FITCHBURG HIGH SCHOOL AND ALL MEMBERS OF THE CHAMPIONSHIP OR THEIR RESPECTIVE OFFICERS, AGENTS, REPRESENTATIVES, SUCCESSORS AND ASSIGNS. I UNDERSTAND THAT TAEKWONDO IS A BODY CONTACT SPORT AND I AGREE WITH THE PUBLISHED RULES AND GENERAL INFORMATION.

_____ SIGNATURE

_____ DATE

2027 MASSACHUSETTS CUP TAEKWONDO CHAMPIONSHIP

COACH & MASTER REGISTRATION

Saturday March 13th, 2027 **at Fitchburg High School**

140 Arn-How Farm Rd, Fitchburg, MA 01420

**** You must sign up with the Google form. Please go to our web page at www.MassCupTKD.org***

PLEASE CHECK WHICH APPLIES: ☐ COACH: MUST BE AT LEAST 18 YEARS OF AGE or JUNIOR BLACK BELTS
☐ MASTER: 18 years old and up & 4th DEGREE BLACK BELT and up

Coach Fees: $50

NAME: (FIRST) _____ (LAST) _____ (MI) _____

AGE:_____ DATE OF BIRTH:_____ (month/day/year) ☐ MALE ☐ FEMALE

ADDRESS:_____ CITY:_____

STATE:_____ ZIP CODE:_____ HOME PHONE:_____

TAEKWONDO SCHOOL:_____ EMAIL:_____

DAN:_____ KUKKIWON DAN NO:_____

Liability Waiver

IN CONSIDERATION OF YOUR ACCEPTANCE OF MY REGISTRATION, I DO HEREBY, FOR MYSELF, EXECUTORS AND ADMINISTRATORS WAIVE, RELEASE AND FOREVER DISCHARGE ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES WHICH I MAY HAVE, OR WHICH MAY OCCUR TO ME DURING THESE CHAMPIONSHIPS. THIS INCLUDES THE 2027 MASSCHUSETTS CUP TAEKWONDO CHAMPIONSHIP ORGANIZING COMMITTEE, MASTER Myoungho Jun, Master Merhdad AND THE US TAEKWONDO CENTER, Massachusetts Taekwondo Academy, CITY OF Leominster, MA., USTF, Fitchburg High School AND ALL MEMBERS OF THE CHAMPIONSHIP OR THEIR RESPECTIVE OFFICERS, AGENTS, REPRESENATIVES, SUCCESSORS AND OR ASSIGNS. ALSO AGAINST ANY COMPETITOR FOR ANY AND ALL DAMAGES WHICH MAY BE SUSTAINED TO ME IN CONNECTION WITH MY ASSOCIATION WITH OR ENTRY IN THE ABOVE ATHLETIC MEET OR WHICH MAY ARISE OUT OF TRAVELING TO,PARTICIPATING IN AND RETURNING FROM THIS ATHLETIC MEET. I UNDERSTAND THAT TAEKWONDO IS A BODY CONTACT SPORT AND I FURTHER UNDERSTAND THAT ALL THE CONTENTS OF RULES AND GENERAL INFORMATION PUBLISHED BY SPONSORS AND I AGREE WITH THEM IN THEIR ENTIRETY. I FURTHER UNDERSTAND THAT I MAY BE DISMISSED FROM THE PREMISES WITHOUT COMPENSATION IF MY CONDUCT IS NOT COOPERATIVE FOR THE SUCCESSFUL OPERATION OF THE CHAMPIONSHIP.

_____ _____

SIGNATURE DATE

2027 MASSACHUSETTS CUP TAEKWONDO CHAMPIONSHIP

VOLUNTEER REGISTRATION

Saturday March 13th, 2027 **at Fitchburg High School**

140 Arn-How Farm Rd, Fitchburg, MA 01420

**** You must sign up with the Google form. Please go to our web page at www.MassCupTKD.org***

NAME: (FIRST) _____ (LAST) _____ (MI) _____

AGE:_____ DATE OF BIRTH:_____ (month/day/year) ☐ MALE ☐ FEMALE

ADDRESS:_____ CITY:_____

STATE:_____ ZIP CODE:_____ HOME PHONE:_____

TAEKWONDO SCHOOL:_____ EMAIL:_____

T SHIRT SIZE: _____

* You must stay for the entirety of all events.
* Volunteers' entrance fee will be waived.
* Lunch and T-shirts (required) will be provided.
* Please confirm your duty with your master.

Liability Waiver

IN CONSIDERATION OF YOUR ACCEPTANCE OF MY REGISTRATION, I DO HEREBY, FOR MYSELF, EXECUTORS AND ADMINISTRATORS WAIVE, RELEASE AND FOREVER DISCHARGE ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES WHICH I MAY HAVE, OR WHICH MAY OCCUR TO ME DURING THESE CHAMPIONSHIPS. THIS INCLUDES THE 2027 MASSCHUSETTS CUP TAEKWONDO CHAMPIONSHIP ORGANIZING COMMITTEE, MASTER Myoungho Jun, Master Merhdad AND THE US TAEKWONDO CENTER, Massachusetts Taekwondo Academy, CITY OF Leominster, MA., USTF, Fitchburg High School AND ALL MEMBERS OF THE CHAMPIONSHIP OR THEIR RESPECTIVE OFFICERS, AGENTS, REPRESENATIVES, SUCCESSORS AND OR ASSIGNS. ALSO AGAINST ANY COMPETITOR FOR ANY AND ALL DAMAGES WHICH MAY BE SUSTAINED TO ME IN CONNECTION WITH MY ASSOCIATION WITH OR ENTRY IN THE ABOVE ATHLETIC MEET OR WHICH MAY ARISE OUT OF TRAVELING TO,

PARTICIPATING IN AND RETURNING FROM THIS ATHLETIC MEET. I UNDERSTAND THAT TAEKWONDO IS A BODY CONTACT SPORT AND I FURTHER UNDERSTAND THAT ALL THE CONTENTS OF RULES AND GENERAL INFORMATION PUBLISHED BY SPONSORS AND I AGREE WITH THEM IN THEIR ENTIRETY. I FURTHER UNDERSTAND THAT I MAY BE DISMISSED FROM THE PREMISES WITHOUT COMPENSATION IF MY CONDUCT IS NOT COOPERATIVE FOR THE SUCCESSFUL OPERATION OF THE CHAMPIONSHIP.

_____ _____

SIGNATURE DATE

2027 MASSACHUSETTS CUP TAEKWONDO CHAMPIONSHIP

CHAMPIONSHIP RULES & REGULATIONS

Saturday March 13th, 2027 **at Fitchburg High School**
140 Arn-How Farm Rd, Fitchburg, MA 01420
www.MassCupTKD.org

POOMSAE

- **Competitors must compete with one of the designated Poomsae for your division**.
  - Divisions will be determined by age, choice of Poomsae, and gender.
- Poomsae will be scored based on the accuracy and precision of the Poomsae being demonstrated.
- *Poomsae divisions will no longer be judged using red & blue competitor cards.*

BREAKING

- Breaking divisions will be determined by competitor age, Belt rank and gender.
- **Each competitor MUST compete with the Number of breaking boards specified for their Division. (No exceptions!)**
- Thin boards will be used for both Technical and Power Breaking for 4-17yrs.
- Thick boards will be used for both Technical and Power Breaking for 18yrs & up.

(IMPORTANT: To ensure that all breaking competitors have the appropriate number of breaking boards for their divisions, competitors must purchase their breaking boards at the registration table on the day of the championship. There will be our logo stamp on the boards. Thin boards will be $4 and Thick boards will be $5.)

BEGINNER Designated Breaking
Total 3 boards for 3 stations

INTERMEDIATE Designated Breaking
Total 5 boards for 5 stations

ADVANCED Designated Breaking
Total 7 boards for 5 stations

Black Belt Designated Breaking
Total 10 boards for 5 stations

HIGH JUMP KICK

- A Focus Target will be used *(not Breaking Boards)*.
- Competitors can choose the technique of their jumping kick.
- If the focus target is touched, then the player will be advanced to the next round.
- If you fall after the kick, then you will be disqualified.
- All divisions are available. (Only Age and Gender level will be divided.)

2027 MASSACHUSETTS CUP TAEKWONDO CHAMPIONSHIP

CHAMPIONSHIP RULES & REGULATIONS

Saturday March 13th, 2027 **at Fitchburg High School**
140 Arn-How Farm Rd, Fitchburg, MA 01420
www.MassCupTKD.org

INDIVIDUAL SPARRING

***** New Round Winner System will be used.*****

- **Dragons and Tigers (4-9yrs) all belts and Cadet (12-14yrs) Color belts Sparring Competitors– No Head Contact, 1:00 min 3 rounds**
  - Head contact with the foot will be enforced just the same as the rule that forbids punching to the face with the fist.
  - The face contact, if deemed incidental, will result in a Gam-Jeom (-1 point) penalty as long as no injury results from the attack.
  - Any injury will result in a Gam-Jeom (-1 point) penalty. If one player is too badly injured to continue, then the attacker will be disqualified.
  - All sparring competitors please note: In the event of a tie score at the end of the match, an extra round will be held. The competitor who scores the first point in the extra round will be the winner of the match.
- **Cadet Black Belt(12-14yrs), Junior (15-17yrs) all belts and Senior(18&up) All belts -** Light Head Contact, 1:30 min 3 rounds

12 points gap will be applied to all divisions / 5 Deductions per round will disqualify the competitor

Equipment: Sparring Competitors must supply their own protective gear. White forearm and shin instep protectors, mouth pieces, chest protectors, headgear, and a protective athletic cup (for male sparring competitors) are **mandatory**. Sparring Gloves are optional. Only plastic covered water bottles are allowed. Only approved, white V-neck uniforms are allowed.

POWER ROUNDHOUSE KICK

- We are going to use the **Digital Score system**. The score system target will be on the vertical bar.
- Belt levels will not be considered. Only Age and Gender divisions will be divided.
- Each competitor will have two trials. Higher Score will be selected.
- Four competitors will be in one division.

SPEED KICK

- All divisions are available. (Age and Gender will be divided.)
- All divisions - **Single leg Front Kicks for 30 seconds**.
- We are going to use **Zemita** for all divisions.

2027 **MASSACHUSETTS CUP TAEKWONDO CHAMPIONSHIP**

CHAMPIONSHIP RULES & REGULATIONS

Saturday March 13th, 2027 **at Fitchburg High School**
140 Arn-How Farm Rd, Fitchburg, MA 01420
www.MassCupTKD.org

School Representative Competition

- Only one representative for each division from each school.

(Please speak with your master if you wish to participate. You must have permission from your master.)

Jump High Kick

Divisions will be **Youth, Cadet and Junior. (Gender and Belt Rank does not matter.)**

Power Roundhouse Kick

Divisions will be **Cadet, Junior and Senior. (Gender and Belt Rank does not matter.)**

Speed Kick

Only one division will be held**. (Age, Gender and Belt Rank does not matter.)**

Spectator Conduct Guidelines

As a valued spectator, we ask for your cooperation in maintaining a positive and respectful environment throughout the competition. To ensure the event is enjoyable for all participants and attendees, please adhere to the following guidelines:

1. **Respect for Participants**: Cheer positively and encourage all athletes, regardless of their school or team. Any form of negative commentary or unsportsmanlike conduct directed towards competitors, coaches, or officials will not be tolerated.
2. **Sportsmanship**: Show respect for the referees, judges, and event staff. Their decisions are final, and arguing or challenging their authority is not permitted.
3. **No Disruptive Behavior**: Refrain from using offensive language, gestures, or actions that may disrupt the competition or distract athletes.
4. **Cheer Appropriately**: Support your team with enthusiastic but appropriate cheers. Please avoid any conduct that might disturb the competition, such as excessive noise during active sparring or poomsae performances.
5. **Safety First**: Do not enter the competition area. Only athletes, coaches, and officials are allowed on the mats. This is to ensure the safety of both the competitors and spectators.
6. **Follow Event Rules**: Adhere to all venue and event-specific guidelines, including seating arrangements and any additional health and safety protocols.

Failure to comply with these guidelines may result in removal from the event. Let's come together to celebrate the spirit of Taekwondo and support all participants in a positive and encouraging atmosphere.
Thank you for your cooperation and enthusiasm!